

January 2018



National Agility Link Association

National Agility Link Association (formed 1989)

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AGILITY THIS MONTH

By Karen de wit

HAPPY NEW YEAR!!

Have you started off with a long list of "TO DOs"??

It's a good idea to have some goals for you and your dog during the year. Break these major goals down into smaller chunks and then break them down even further into bite-sized bits that you can do during a 5 minute break. Keep a record of how well they went every time you give them a go and as you get each bite sized bit going well, cross it off your list.



A list will keep you:- **BETTER ORGANISED** – you will train different things and for as long as you need vs practicing what you are already good at.

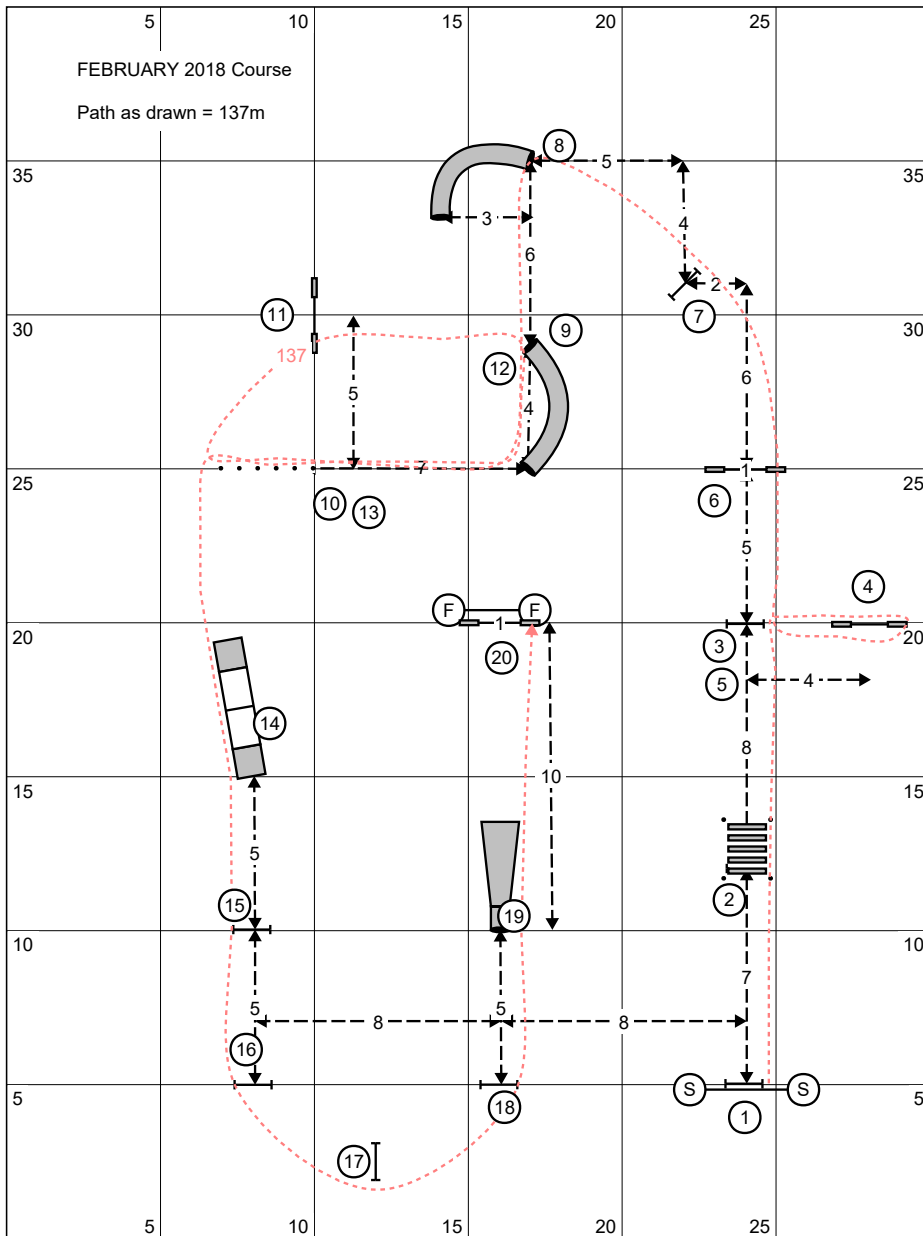
A template for a "MASTER TO DO LIST". At the top, it says "MASTER TO DO LIST" and "For the Week of:". Below this, there are two columns: "This Week" and "Long Term". Each column has a header row with a purple background and a grid of rows below it. The "This Week" column has a purple header row and a grid of rows. The "Long Term" column has a purple header row and a grid of rows. At the bottom, there is a purple header row and a grid of rows.

KEEP TRACK – you will be able to see how you and your dog are progressing.

FOCUS ATTENTION – you will be more likely to go and do some training and to work on what you need to work on

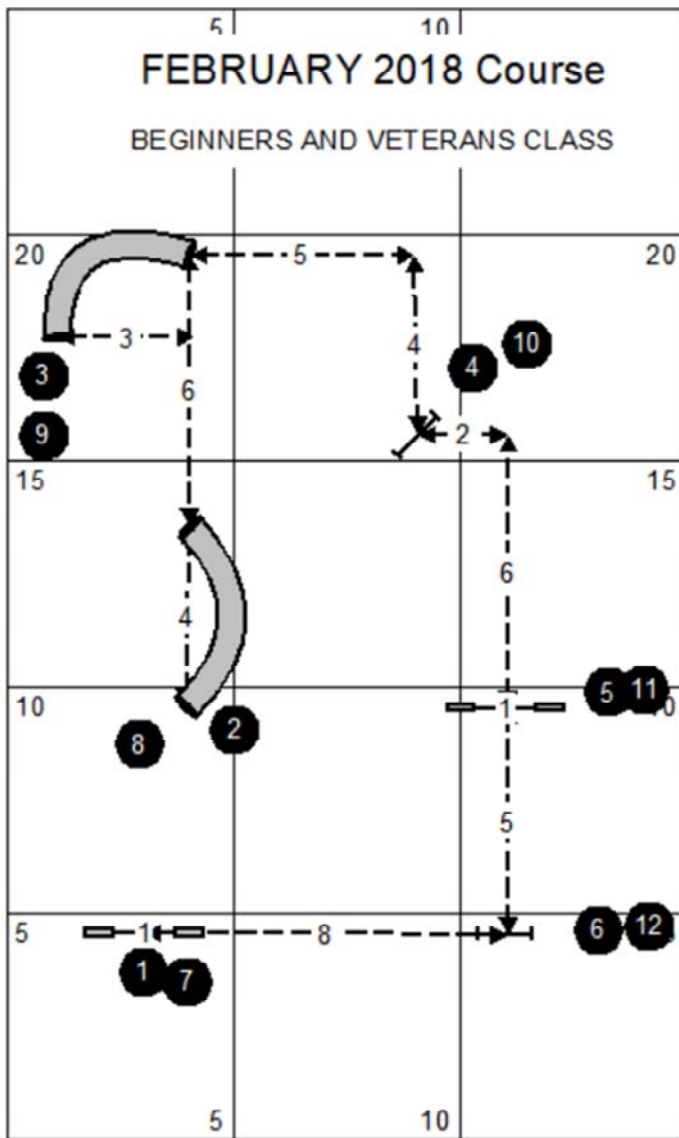
MOTIVATION – as you see your have crossed things off your list you will be even more motivated to continue.

February Course

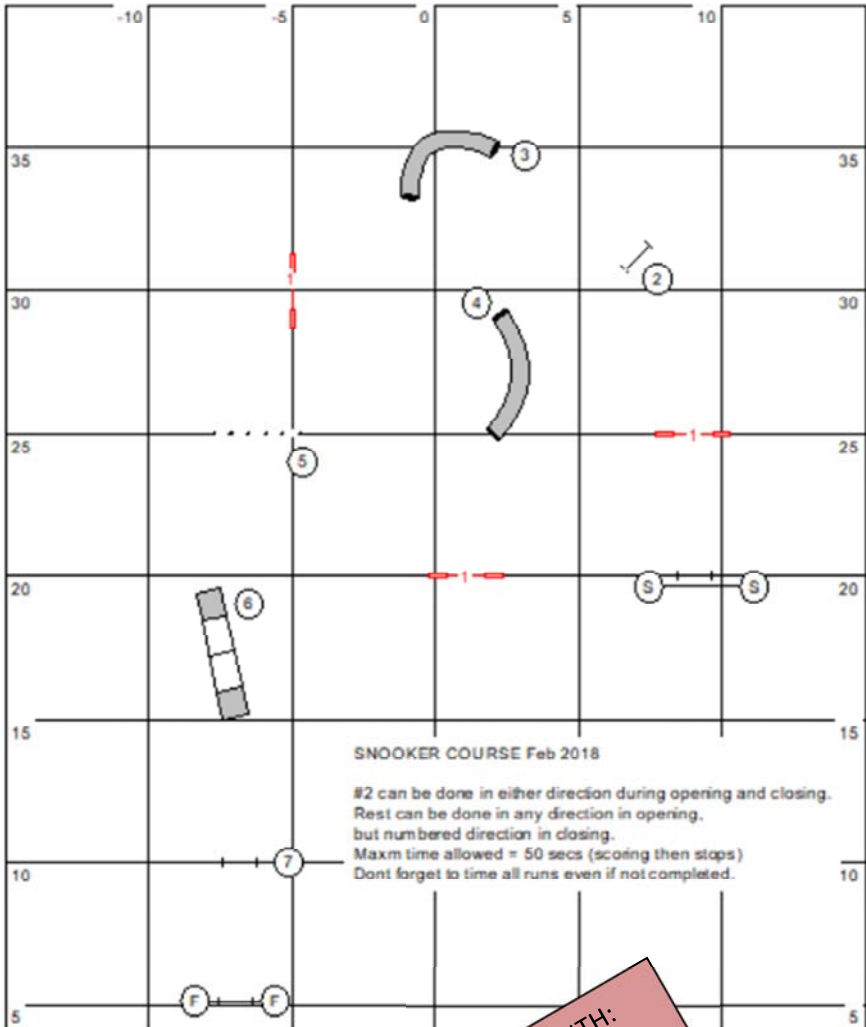


February 2018

Junior LINK handlers & Veteran dogs



FEB GAME: Snooker



NEXT MONTH:
Black Jack

New Zealand Association of Rally-O

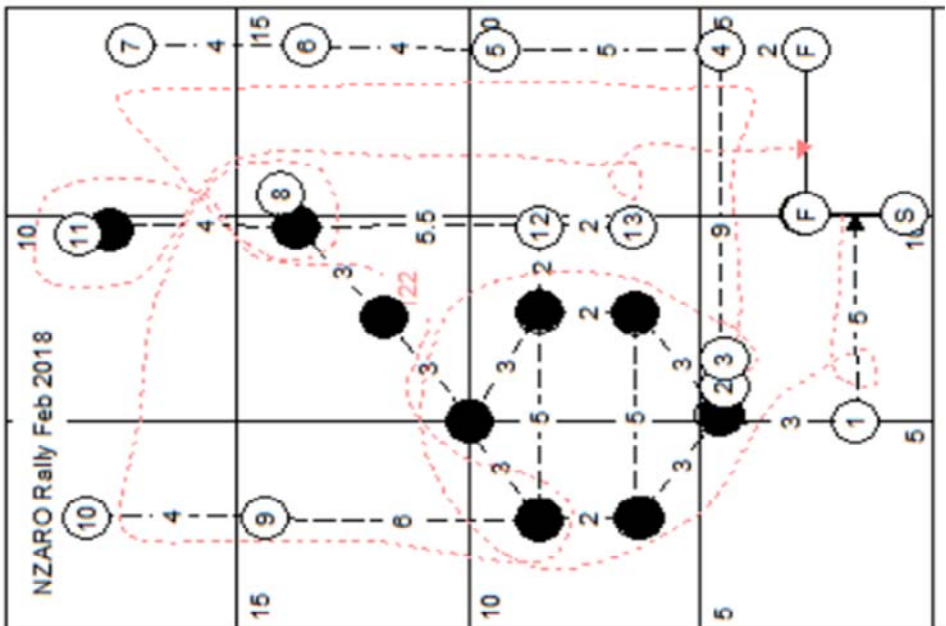
JAN 2018



If you have any interesting tips or articles about RallyO please feel free to share on this page E; kpdewit@xtra.co.nz

Signs;

- | | |
|---|-----------------------------------|
| 1. 270 left (10) | 7. Left about turn (29) |
| 2. NZARO circle right dog on outside (N2) | 8. serpentine weave once (24) |
| 3. 270 right (9) | 9. call front 123 steps back (26) |
| 4. left turn (6) | 10. right turn (5) |
| 5. Halt sit walk around (30) | 11. NZARO figure of eight (N1) |
| 6. Call front finish rt fwd (13) | 12. Halt down walk around (31) |
| | 13. 360 right (11) |



You can find NZARO signs at www.nzaro.webs.com

FLYGILITY COMMENT by Raewyn Saville

It was a great weekend in Rotorua for our Annual Pre Christmas Flygility two dayer. Good crowd although it seems to get smaller each year. We were fortunate to get good sponsored dog food this year so that was a bonus. I believe the concert by Sir Paul McCartney may have played a part in a few people's decision as to how they would spend the weekend.

It was a fine weekend in Rotorua for a change and not too hot.



TRIBUTE TO MARGARET ANDERSON.

The weekend started out with a bit of a shock for me. Nicole Beaumont advised me Saturday morning that the previous Tuesday Margaret Anderson had passed away and her funeral was the Friday before our Tournament. I

was aware of Margaret's ups and downs with her health as a Type 1 Diabetic with all the complications that that brings. I had once had to pick her up off the ground when she was late taking her medication. So I suppose it shouldn't have been a shock. Margaret was such a strong character. Her view of how a Senior Flygility course should look was legendary. I had taken her to heart after she explained to me how to see straight lines and bends in a Senior course to enable the courses to be a bit more challenging than they used to be. She would have been very proud of my Senior course for Sunday. Two people objected to it but Dave Swinyard told me it was perfectly correct and to leave it as it was. Oh dear. Thank you Margaret for all those years dedicated to Flygility, for your magic fast dogs and your enthusiasm for the sport. I believe Flygility New Zealand will be a less exciting thing without you. Rest in Peace.

I lost a good friend and Club Member the month before. Her Labradoodle Minnie was only half trained to do Fly but I ran her on Saturday to honour Linda and she managed to make it to the box without missing anything a couple of times. I will continue to train her for Flygility and Jumpers as was her owners wish and every time I step out on a course with her my friend Linda will be right there with us.

It seems to have been a year of losing special people and I am sure that many of us around New Zealand involved in competing with our dogs, can think back to who used to be there at Agility and all the allied dog sports and remember with kind thoughts all of those that have gone before us. We all bring something to our chosen sport even if it is only at a level of participation, life is such a delicate thing and so darn short.

For our dogs it is even shorter and we really need to try to keep them injury free. Fitness for the job at hand is incredibly important. I became disappointed when recently I witnessed dogs with split pads from running agility on incredibly had parched ground. The way I see it if a dog is unable to put it's feet down squarely because of discomfort, not necessarily pain, but negative sensation, then the stress goes on the leg joints all the way up to the spine and the dog is running with a changed gait to try to protect it's uncomfortable part, leading to injury in joints soft tissue and worst of all damaging the spine. The long term effects will be noticeable but the injuries that ensue might not be tied back to the time the dog ran with split pads. If my dog had split pads he would not be running again till he was fully healed. Never mind the bandages and the socks, which also change

the dog's gait also with potential to further injure other parts.

I once had a dog with extremely tender feet. She had pink pads and white nails and she suffered sore feet a lot. I got in the



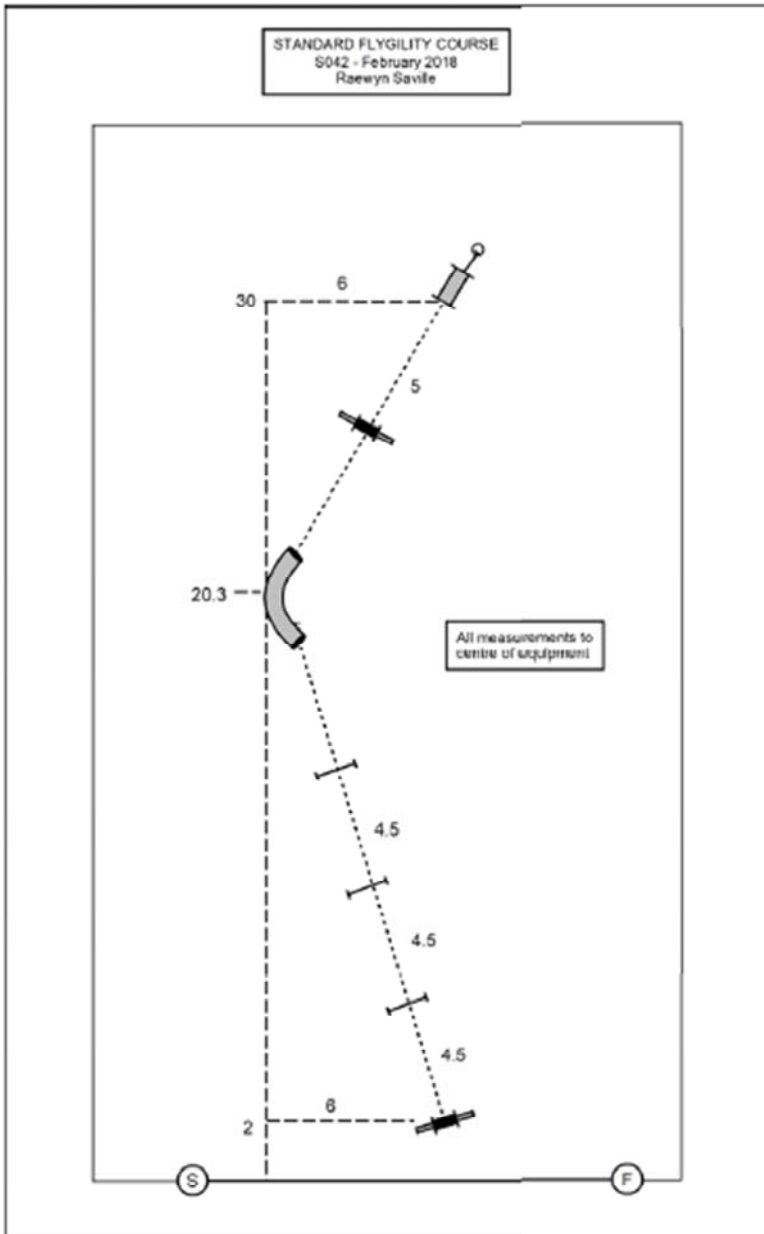
habit of walking her on the road on tarseal. I started out with ten minutes of brisk on lead walking and built it up to about an hour over a three month period. Her pads were so tough she never got lame again. My present dogs get daily hard walking as fast as I can on the road or if the road is too busy then even the concrete footpath with do. But I don't push my dogs too hard at agility anyway. My first two dogs I did push and they didn't go the distance even though I was very careful about their fitness.

There is no substitute for adequate rest and recovery time after a big weekend. There is no need to get out and practice all his faults the Monday after . Let him have quiet crate time for three days then give him a light training run. If any lameness or discomfort shows up on the Wednesday, then he should not be run the following Saturday at Agility. Take care not to overdo it. This is your best friend and he won't be with you forever.

Wishing everyone a great 2018 happy training and exciting competition .



Standard Flygility course



AGILITY RESULTS, December 2017.

Division1

1	Wairarapa	Brazil ADX JDX	Dianne REID	25.126	82.937
		Honey	Caragh BRIGGS	28.317	
		Tasman ADXG JDX	Sharleen DRUMMOND	29.494	
2	East BOP	Joy ADXG SNX JAB	Tina MITCHELL	23.440	84.570
		Lucy	Trish BUSH	29.280	
		Edge	Sue WHITWELL	31.850	
3	Mangawhai	Razzle ADXS CDX	Annette FLANNAGAN	25.785	90.240
		Belle ADX FD	Carol TAYLOR	28.324	
		Breeze ADXS JDX	Annette FLANNAGAN	36.131	
4	Central HB	Breeze ADXB JDX	Catherine HARTY	29.179	94.672
		Dot AD	Jill PAYNE	30.285	
		Loose ADX SNB	Kim LOYE	35.208	
5	Hawkes Bay	Q T Pi ADXG JDX	Sharon SIMONSEN	24.247	97.302
		QuBa ADXS JDX	Colleen O'CONNOR	32.945	
		Echo AD JDX	Lex CLARE	40.110	
6	Mt Maunganui 1	Glen ADXS JAX	Justine DALE	26.243	97.900
		Khia CGCG ADXG C	Anne PROCTOR	31.598	
		Epic JDX	Fiona DENTON	40.059	
7	Cambridge	Spark ADXG JAG S	Julie McCONKEY	29.000	109.357
		Poppy ADXG JDX	Cheryl PIERCE	36.947	
		Lilly ADXG JDS J	Robyn BRETTELL	43.410	
8	Upper Hutt 1	Ali ADXG JAB SNX	Peter de WIT	44.330	133.899
		Finn ADXG JDX JA	Karen de WIT	44.658	
		Holly CGCF ADXG	Jane AUKETT	44.911	

Division2

1	Huntly	Lacey JDX	Melanie McClUMPHA	27.545	85.373
		Jess JD	Gina NIELSEN	27.850	

	Teal ADXB JDX	Kim ORLANDO-REEP	29.978		
2	Mt Maunganui 2	Dexter AD JD Blaze JDX Finch JD RN	Dani KONINGSVELD Shelley STEWART Elisabeth PROCTOR	28.473 29.478 36.479	94.430
3	Sth Canterbury	Ziggy ADXG JDG J Bella JD Penney ADXG JDX	Jenny D'ARCY Jenny D'ARCY Jenny D'ARCY	33.912 38.737 43.952	116.601
4	Counties	Bounce ADXS JDX Dasha Jacques ADXG JDX	Marie WALES Natalia BEKETOVA Marie PEARMAN	32.912 38.456 49.232	120.600

Division3

1	Whangarei	Misty Bilbo AD JD Fleet	Barbara PROUT Anne COZENS Christine GILLESPIE	29.298 34.304 37.192	100.794
2	Tauranga 3	Snoop AD JDX Kobi ADXG JDG SN Cricket ADX JD	Bernice SHEARMAN Jocelyn JENSEN Cherie SAUNDERS	29.800 40.336 41.606	111.742
3	Whanganui 3	Ziggy JDX Tera Charlie	Bronwyn MORGAN Nikki WATSON Nikki WATSON	35.100 43.200 48.990	127.290
4	Upper Hutt 3	Smudge Bobbie ADX JDX R Sky AD RA	Erin MULHOLLAND Paige AUKETT Gillian CRUICKSHANK	40.297 40.809 46.307	127.413
5	Blenheim 3	Peppy Jasper JD Crystal JD	Gillie SMITH Wendy REYNOLDS Wendy REYNOLDS	35.245 43.332 49.050	127.627

Division4

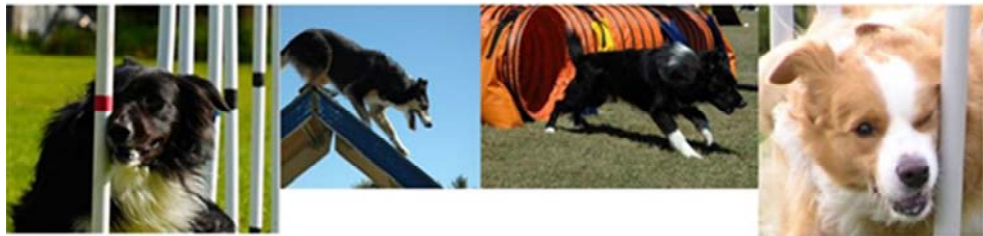
1	Tokoroa	Vogue ADXG JDX Lexi JD FDX Zoe ADXG JDX JAS	Paul NEEDHAM Paul NEEDHAM Paul NEEDHAM	24.923 33.332 33.777	92.032
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2	Tauranga 4	Fern JD Dottie Ayla-May	Jocelyn JENSEN Rozie DUNFORD Cherie SAUNDERS	34.590 41.453 42.317	118.360
3	Dog Sport Rotorua	Sophie Chip Jade	Debbie TRIMBACH Raewyn SAVILLE Pam SHARP	37.600 41.530 55.300	134.430
4	Hawera 4	Joy Richie Ginny	Kirsten PIERSON Jennifer KEMP Jo MOODY	32.347 51.836 57.382	141.565
5	CHB Orange Roughies	Storm Floy Tweed	Christine HARBER Wendy HOLMES Katrina ALEXANDER	37.809 51.740 54.339	143.888



FLYGILITY RESULTS – STD – DEC 2017

1	The Working rules	32.063	Bounce ADXS JDX Cougar AD JDX Jag JD	Marie WALES Marilyn LAMBERT Elaine ROHDE
2	Ball fighters	35.130	Fya ADXB JDX FdCh Pulse Meg	Lynda CUMMINS Sandra MOHEKEY Nichola COLE
3	Wairarapa 2	38.730	Brazil ADX JDX PhamTim Sam ADXS JDX	Dianne REID Ana WORKMAN Sharleen DRUMMOND
4	Wairarapa 1	38.818	Blast ADXG Jamaica ADXG JAB Tasman ADXG JDX	Ana WORKMAN Dianne REID Sharleen DRUMMOND
5	Taranaki BeeGees	39.629	Dazzle UDX CD Willow JD GD AD Blue JD	Laurel AUSTIN Sandra BANKS Lynn PILLETTE
6	Feildabull	40.560	Niko ADXG JDX Fd CH Echo Holly	Sandra MOHEKEY Nichola COLE Wendy COLE
7	superbulls	46.820	Fagan Gem Tango JD FD	Darius FELL Julia CROUCH Liz TOLHURST
8	Hawkes Bay 1	54.047	Cherchez JD Misty CGCG ADX J QuBa ADXS JDX	Jackie OLLEY Chrissy HARRIS Colleen O'CONNOR
9	Royal Mounties	67.870	Queen Bess ADXG JAX Ziggy ADXG JDX	Sue ANDRESEN Dave SWINYARD Sue ANDRESEN
10		68.440	Buddy FDCh Zeba FDCh Stacey	Kathryn BAYNE Wayne TURNER Wayne TURNER
11	Wairarapa 4	77.399	Jay Misty JD FD Whizz ADX JD	Stacie CLARK Sharleen DRUMMOND Debbie PATERSON
12	Wairarapa 3	97.573	Fern AD JDX Honey Rusty ADXG SNX J	Caragh BRIGGS Caragh BRIGGS Stacie CLARK
13		106.560	Chica ADXB JD FD FD GrCh Dash Meg	Barb CONNAUGHTON Kay UNGEMUTH Debbie NILSSON



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